

Installation and User Manual **HELO CAVA / HELO ROXX DET**

ELECTRIC SAUNA HEATER:

1118 – 60 – 040518 (Helo Cava DET)

1118 – 90 – 040518 (Helo Cava DET)

1118 – 600 – 040518 (Helo Roxx DET)

1118 – 900 – 040518 (Helo Roxx DET)

CONTROL PANELS:

1601-27 (T-1)



Helo Cava



Helo Roxx

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1. Quick instructions for use of the sauna heater

1.1. Check before taking a sauna bath

1. The sauna room is suitable for taking a sauna bath.
2. The door and the window are closed.
3. The sauna heater is topped with stones that comply with the manufacturer's recommendations, the heating elements are covered with stones, and the stones are piled sparsely.

NOTE! Ceramic rocks are not allowed.

A pleasant, smooth sauna bath temperature is about 70 °C degrees.

Rearrange the sauna stones at least once a year and replace any weathered stones. This enhances air circulation between the stones, which extends the useful life of the heating elements.

If you encounter any problems, please contact the manufacturer's warranty service shop.

For additional information about enjoying a sauna bath, please visit our website at www.helo.fi

1.2. Operation of the sauna heater controls

The main switch is located on the side of the sign at the bottom of the sauna heater.

The sign shows the position of the switch. (0 I)

Refer to the specific control panel operating instructions.

2. Information for users

Persons with reduced physical and mental capacity, sensory handicap, or little experience and knowledge about how the device is operated (e.g. children), should only operate the device while supervised or according to instructions given by the persons in charge of their safety.

Make sure that children aren't playing with the sauna heater.

2.1. Sauna room

The walls and ceiling of a sauna room should be thermally well insulated. All surfaces that store heat, such as tiled and plastered surfaces must be insulated. It is recommended to use wooden panel cladding inside the sauna room. If there are heat storage elements in the sauna room, such as decorative stone, glass etc., note that these elements may extend the pre-heating period even though the sauna room is otherwise well insulated (see page 5, section 3.1. Preparing for sauna heater installation).

2.2. Recommended sauna room ventilation

Please refer to the ventilation instructions on page 10.

2.3. Heating the sauna

Before turning the sauna heater on, make sure the sauna room is suitable for taking a sauna bath. When heated for the first time, the sauna heater may emit some odour. If you detect any odour while the sauna heater warms up, disconnect the sauna heater briefly, and air the room. Then you can turn the sauna heater on again. The heating of a sauna should be started roughly an hour before you plan to take a sauna bath, so that the stones have time to heat up properly and the air warms up evenly in the sauna room.

Do not put any objects on the sauna heater. Do not dry clothes on the sauna heater or anywhere in its vicinity.

2.4. Sauna heater stones

Quality stones meet the following requirements:

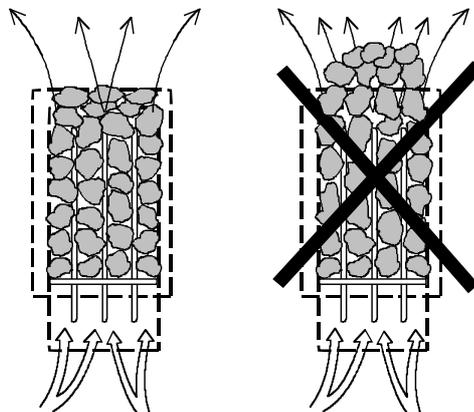
1. Sauna stones should withstand heat and heat variation caused by vaporisation of the water thrown on the stones.
2. Stones should be rinsed before use in order to avoid odour and dust.
3. Sauna stones should have an uneven surface to supply a larger surface for the water to evaporate from.
4. Sauna stones should be large enough, measuring about 50–80 mm to allow good ventilation between the stones. This extends the useful life of the heating elements.
5. Sauna stones should be piled sparsely in order to enhance ventilation between the stones. Do not bend the heating elements together or against the frame.

Rearrange the stones regularly (at least once a year) and replace small and broken stones with new, larger stones.

Stones are piled so that they cover the heating elements. Do not, however, pile a large heap of stones on the heating elements. For a sufficient amount of stones refer to Table 1 on page 11. Any small stones in the package of stones must not be piled on the sauna heater.

The warranty does not cover defects resulting from poor ventilation caused by small and tightly packed stones.

Ceramic rocks are not allowed. They may cause damage to the sauna heater that will not be covered by the warranty.



2.5. If the sauna heater will not heat up

If the sauna heater will not heat up, please check that:

- the power is on;
- the main fuses of the sauna heater are intact;
- is there any error messages on the control panel. In case of an error message on the control panel, please refer to the control panel instructions.

3. Instructions for the installer

THE PERSON INSTALLING THE SAUNA HEATER SHOULD LEAVE THESE INSTRUCTIONS AT THE PREMISES FOR THE FUTURE USER.

3.1. Preparing for sauna heater installation

Check the following before installing the sauna heater.

1. The ratio of the heater's input (kW) and the sauna room's volume (m³). Volume recommendations are presented in the table 1 on page 11. The minimum and maximum volumes must not be exceeded.
2. The sauna room height must be a min. of 1900 mm.
3. Uninsulated and masonry stone walls extend the preheating time. Each square metre of plastered ceiling or wall surface adds 1.2 m³ to the sauna room's volume.
4. Check page 12 Table 2 for a suitable fuse size (A) and the correct diameter of the power supply cable (mm²) for the sauna heater in question.
5. Conform to the specified safe clearance around the sauna heater. Please refer to table 1 on page 11.
6. There should be enough room around the sauna heater for maintenance purposes. Also a doorway can be considered as a maintenance area.

3.2. Installation

Follow the safety clearance specifications on page 11 when installing the sauna heater. A thin panel is not a suitable mounting base; the mounting base must be reinforced with timber behind the panel. The minimum clearances specified on page 11 must be followed even if the sauna room wall materials are incombustible.

Walls or ceilings must not be clad with fibre-reinforced plaster board or other light-weight cladding, because they may cause a fire hazard.

Install the sauna heater so that the sign and the warnings can be read even after the installation.

The control panels are installed outside the sauna room with the exception of the Midi controller which is installed on the wall beside the sauna heater. Refer to more detailed installation instructions in the installation and operation guide of the control panel.

Only a single sauna heater is allowed per sauna room

3.3. Various stages of the installation

3.3.1. Mounting the sauna heater to the wall

With the adjustment legs driven in, the mounting height of the sauna heater wall mount is 750mm from the floor.

The adjustment legs can be adjusted 15mm in case the floor is inclined. After the mounting, check that both adjustment legs are evenly against the floor.

The distance between the holes for the mount in the wall is 240mm.

Parts for wall mounting:

- sauna heater locking wedges (A) 2 pcs
- wall fastening (B) 1 pc
- sheet metal screw 4.2 x 13mm 2 pcs
- build screw 6 x 40mm 2 pcs

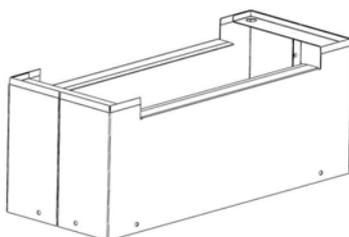
Pass the locking wedges (A) through the holes in the heater so that the ingoing part is turned upwards.

The wall mount (B) is attached to the wall so that the holes where the locking wedges are secured to are upwards.

The mount may also be attached directly to the sauna heater. Mark the locations of the screws on the wall and, if necessary, drill small holes and mount the sauna heater then to the wall with the screws provided.

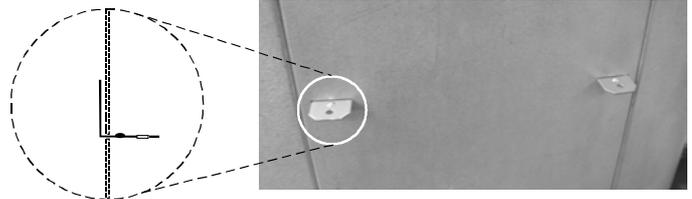
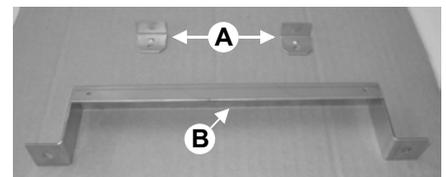
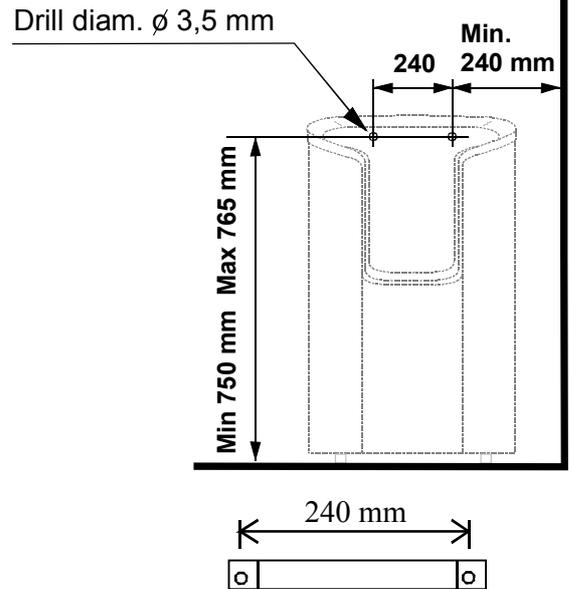
The picture shows how the wall mount should be attached to the sauna heater. The locking wedges are attached to the wall mount with the sheet metal screws.

Image 1 Mounting the sauna heater to the wall



An additional foot stand (0043105) is available as an accessory. It will rise the heater 150 mm from the floor.

The installation instructions are enclosed in the packaging.



3.3.2. HELO CAVA – Assembly instructions for the heater soapstones

Before the installation of the soapstones the heater has to be fixed to the wall.
See the instructions on page 6.



Take the front soapstones out from the package.
The stone to be placed as the lowest has rounded lower corners. Pass the stones carefully along the guide. The other (4 pcs) soapstones have even edges and therefore it does not matter in which order they are placed.



Install the intermediate pieces (8) of the soapstones so that the projection will always stay on the stone i.e. there will always be an air gap between the stones.

The metal pieces are placed on each side between each stone (except the uppermost).



Once the front soapstones have been installed, place the stones meant to be inside the heater (approx. 30kg). Some stones also have to be placed on the heating elements.

NOTE! No heater stones should be placed between the first heating element and the front soapstones. The heater must not be used without the front soapstones or when the stones have cracks on them.

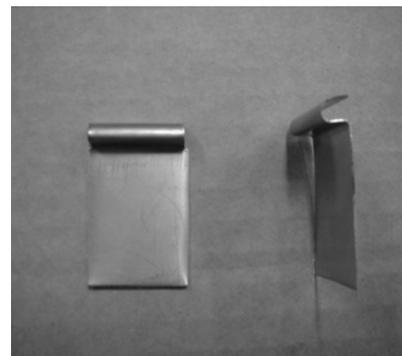
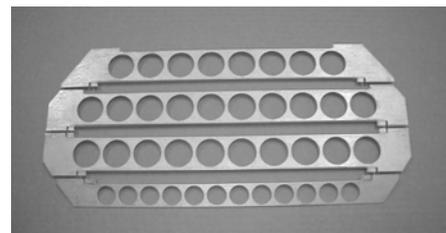


Image 2 installation of the soapstones

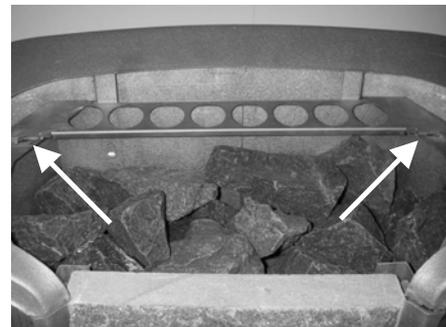


After installing the sauna rocks, install the metallic supports above them.

The illustration shows the order.



The heater body has both vertical and end limiters which prevent the movement of the soapstone both vertically and horizontally once they are installed. Install the metallic supports between the vertical limiters. The soapstones also remain between the vertical limiters.



The illustration shows the installed supports.

End limiter



The soapstones are installed as follows:

- Install the upper stone first.
- Place as shown in the illustration: first one of the ends under the edge; push the stone then under the other edge until it stops in the end limiter.



NOTE!

The stone has to remain behind the vertical limiter.

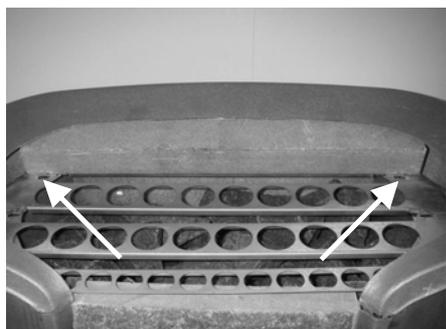


Image 2,1 installation of the soapstones

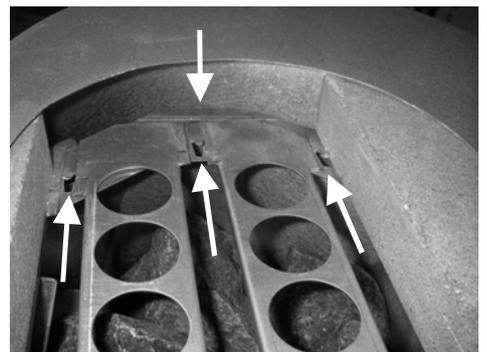
Install the round-edged stone next. Push the other end under the edge and then push the stone along the support plate against the end limiter.



In the illustration the round edge stone and the soapstone furthest at the back remain where they are.



The illustration shows both the vertical and horizontal limiters of the soapstones.



Install the middle stones. The length of the middle stones is 405mm. Push the stone first under the right edge and then along the support plate under the left edge against the end plate.



Finally check that the soapstones are between the end limiters and that the gaps between the stones are equal.



Image 2,2 installation of the soapstones

3.4. Recommended sauna room ventilation

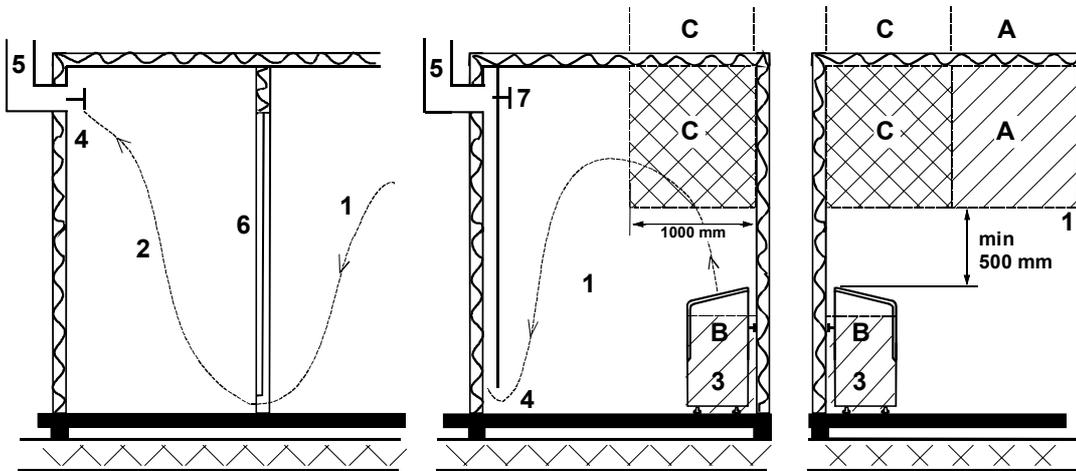


Image 3 Recommended sauna room ventilation

- | | | |
|---------------|--------------------------|----------------------------|
| 1. Sauna room | 3. Electric sauna heater | 5. Exhaust flue or channel |
| 2. Washroom | 4. Exhaust valve | 6. Door to the sauna room |

7. A ventilation valve can be installed here to be kept closed while the sauna is heated and during bathing.

Inlet vent can be positioned in the A zone. Make sure the incoming fresh air will not interfere with (i.e. cool down) the sauna heater's thermostat near the ceiling.

The B zone serves as the incoming air zone, if the sauna room isn't fitted with forced ventilation. In this case, the exhaust valve is installed min 1m higher than the inlet valve.

DO NOT INSTALL INLET VALVE WITHIN ZONE C, IF THE SAUNA HEATER'S CONTROL THERMOSTAT IS LOCATED IN THE SAME ZONE.

3.5. Connection of the sauna heater to the mains

The sauna heater must be connected to the mains by a qualified electrician and in compliance with current regulations. The sauna heater is connected with a semi-permanent connection. Use H07RN-F (60245 IEC 66) cables or a corresponding type. Other output cables (signal lamp, electric heating toggle) must also adhere to these recommendations. Do not use PVC insulated cable as a connection cable for the sauna heater.

A multipolar (e.g. 7-pole) cable is allowed, if the voltage is the same. In the absence of a separate control current fuse, the diameter of all cables must be the same, i.e. in accordance with the front fuse.

The connecting box on the sauna wall should be located within the minimum safety clearance specified for the sauna heater. The maximum height for the connection box is 500 mm from the floor. See page 12 Image 5 Location for the connecting box.

If the connection box is located at over 500mm distance from the heater, the maximum height is 1000mm from the floor.

Sauna heater insulation resistance:

The sauna heater heating elements may absorb moisture from air, e.g. during storage. This may cause leakage currents. The moisture will be gone after a few heating sessions. Do not connect the heater power supply through a ground fault interrupter.

However, adhere to the effective electrical safety regulation when installing the sauna heater.

3.6. Electric heating toggle

The electric heating toggle applies to homes with an electric heating system.

Sauna heater has connections (marked 55) for controlling the electric heating toggle. Connector 55 and the heating elements are simultaneously live (230V).

3.7. Sauna heater safety clearances

NOTE! The thermostat is installed at a distance of 40mm from the ceiling in the middle of the sauna heater.

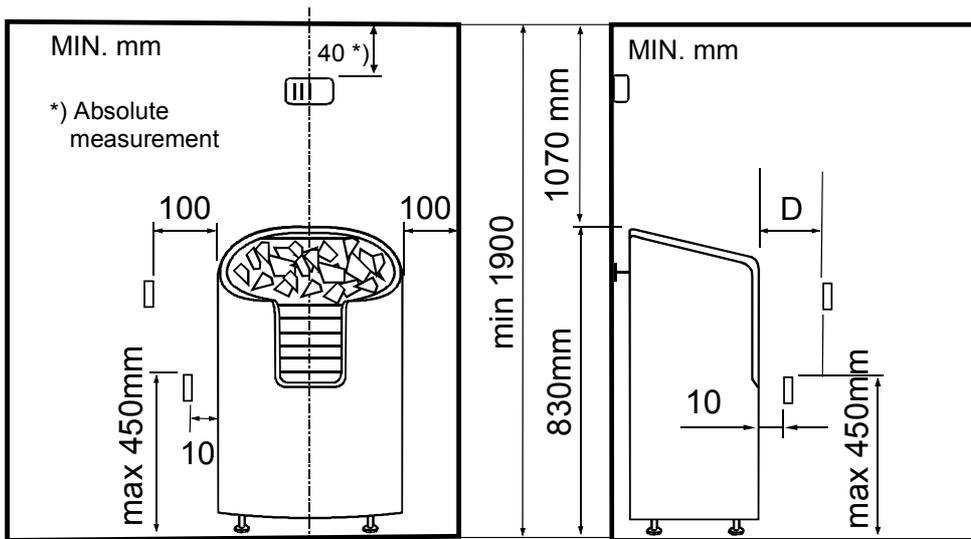


Image 4 Safety clearances

Power kW	Saunaroom			Safety clearances min.			Suitable amount of stones Helo Cava app. kg	Suitable amount of stones Helo Roxx app. kg
	Min. m ³	Max. m ³	Height min. H mm	On the sides A mm	In front D mm	To the ceiling F mm		
6,0	5	10	1900	100	300	1070	30	38
9,0	9	13	1900	100	350	1070	30	38

Table 1 Safety clearances

Power kW	Heater connection cable H07RN-F/ 60245 IEC 66 mm ² 400 - 415V 3N~	Fuse A	Heater connection cable H07RN-F/ 60245 IEC 66 mm ² 230 V 3~	Fuse A	Heater connection cable H07RN-F/ 60245 IEC 66 mm ² 230 - 240V 1N~ / 2~	Fuse A
6,0	5 x 1,5	3 x 10	4 x 2,5	3 x 16	3 x 6	35
9,0	5 x 2,5	3 x 16	4 x 6	3 x 25	-----	-----

Table 2 Connection cable and fuses

3.8. Locating the connecting box for the connection cable in the sauna room

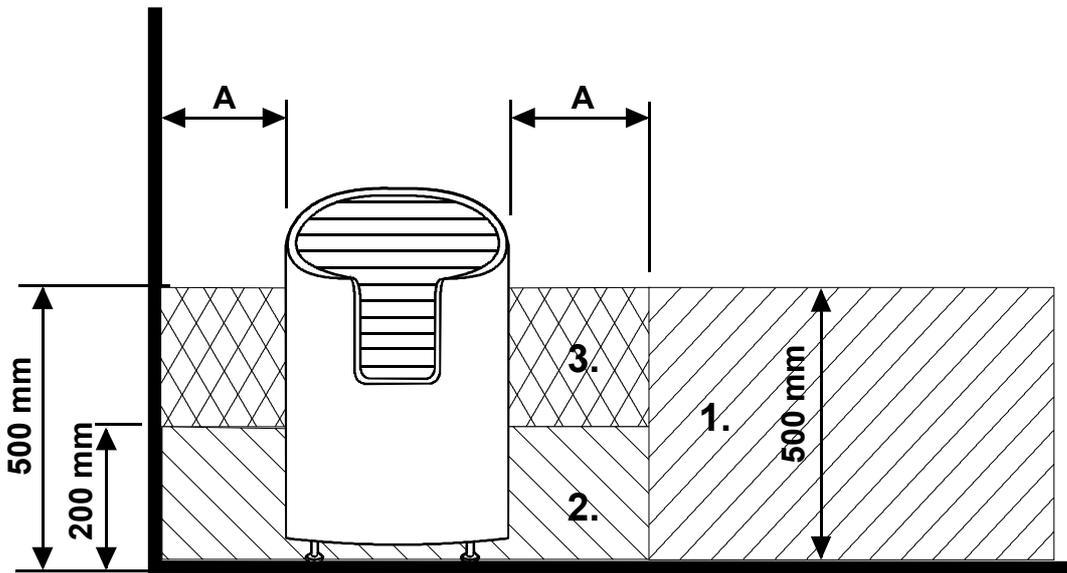


Image 5 Location for the connection box

A = Specified minimum safety clearance

1. Recommended location for the connecting box
2. Silumin box recommended in this area.
3. This area should be avoided. Always use a silumin box.

In other areas, use a heat-resisting box (T 125 °C) and heat-resisting cables (T 170 °C). The connection box must be clear of obstacles. When installing the connection box to zones 2 or 3, refer to the instructions and regulations of the local energy supplier.

Principle image when T1 is used as control panel

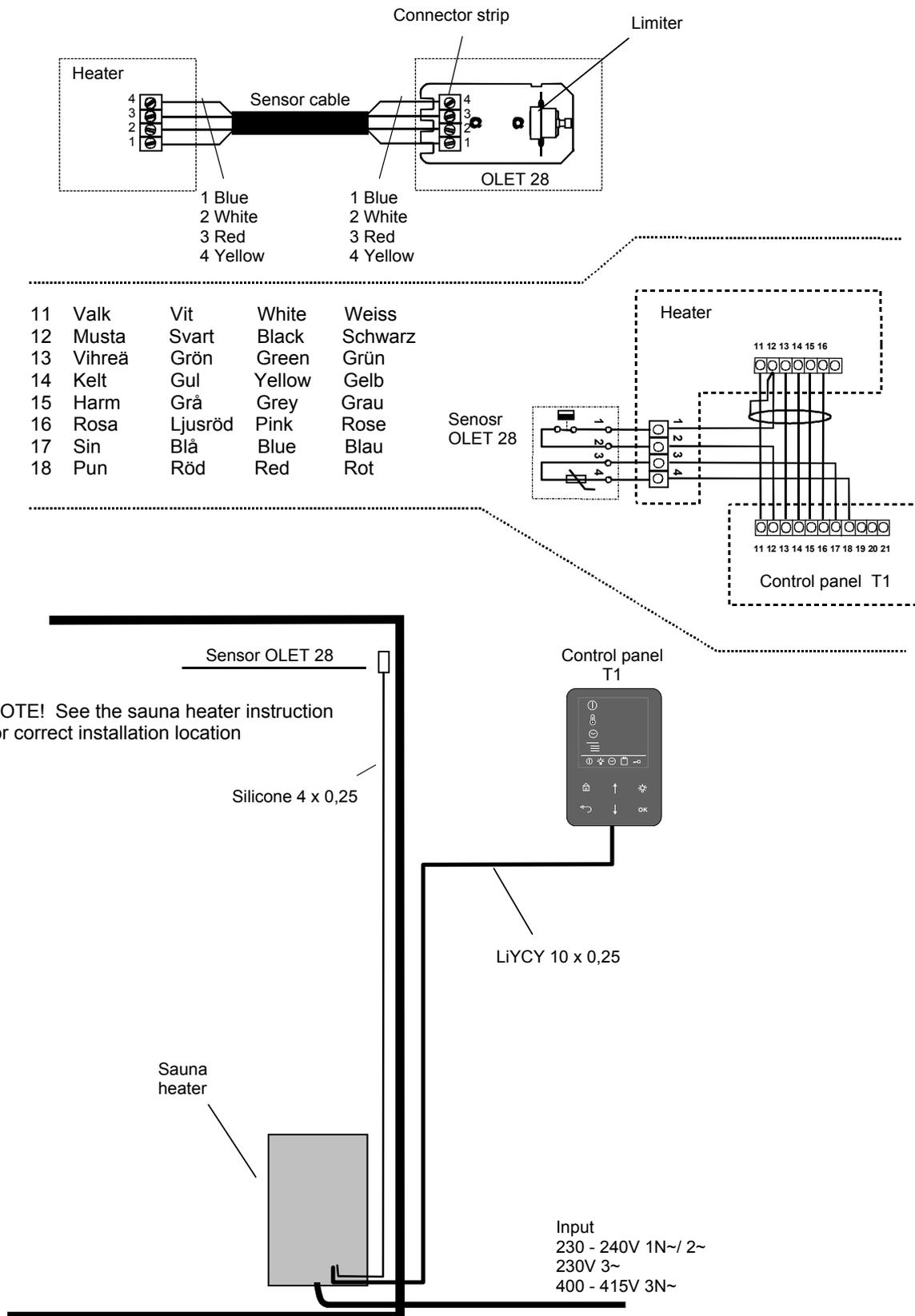


Image 6 Principle image

3.9. Switch diagram

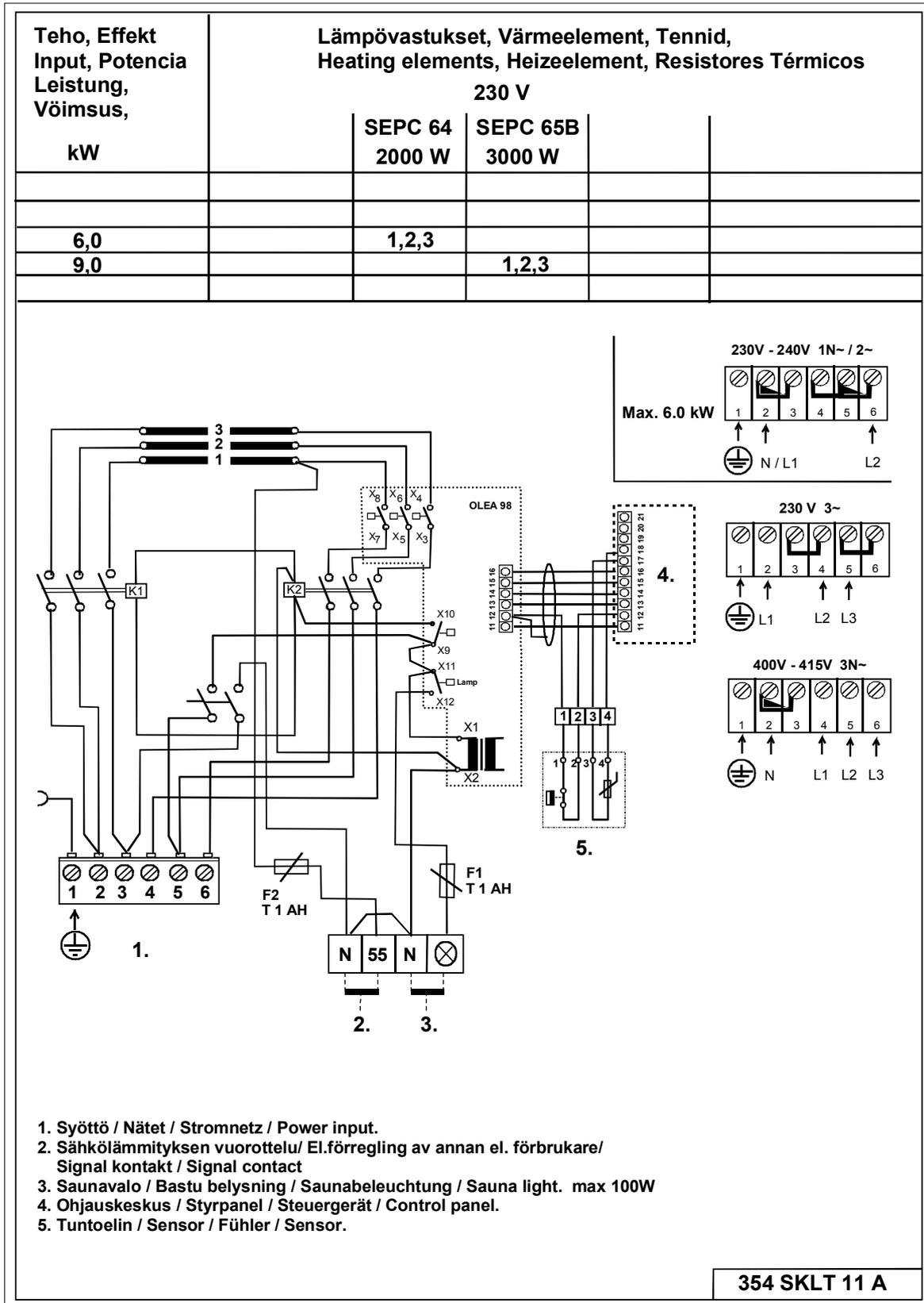
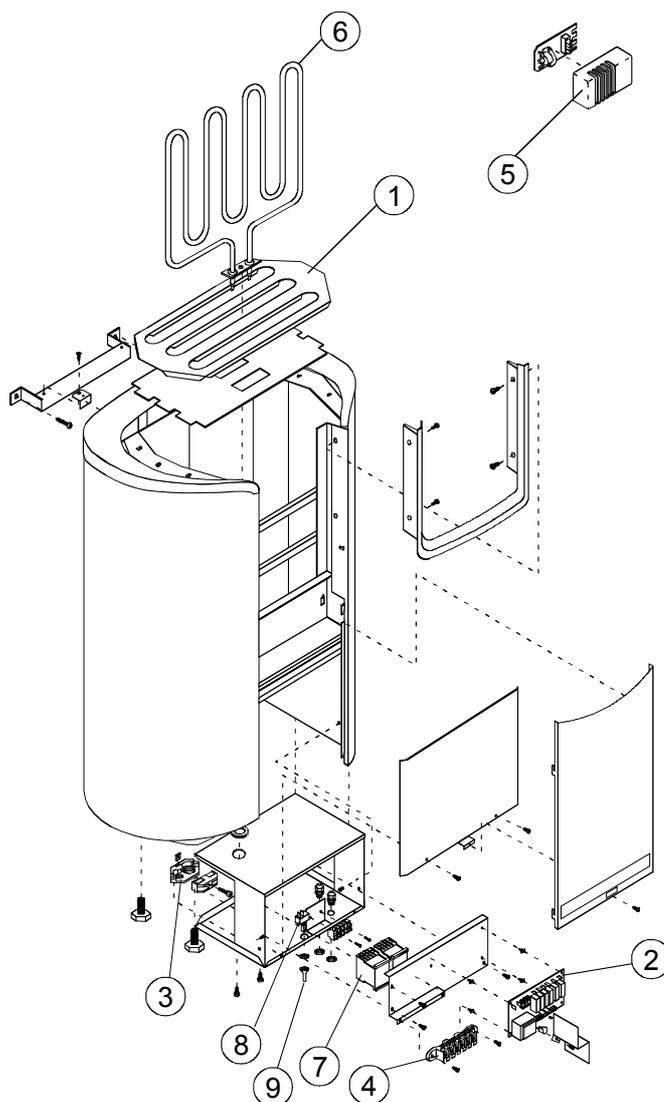


Image 7 Switch diagram for the sauna heater

4. Helo CAVA / Helo ROXX DET spare part list

Part	Part number	Part name	Cava / Roxx 6 kw	Cava / Roxx 9 kw
1	4071002	Rock grate	1	1
2	6215793	Circuit board OLEA 98	1	1
3	7712000	Strain relief	1	1
4	7812550	Mains connector NLWD 1-1	1	1
5	6214036	Thermostat OLET 28	1	1
6	4316221	Heating element SEPC 64	3	-
6	5207518	Heating element SEPC 65B	-	3
7	5320517	Contactora OKTA 5-1	2	2
8	6119649	Rocker switch	1	1
9	7306611	Rubber cover for rocker switch	1	1
10	7802016	Soapstones Helo Cava heater	1	1



5. ROHS

Ympäristönsuojeluun liittyviä ohjeita

Tämän tuotteen käyttöiän päätyttyä sitä ei saa hävittää normaalin talousjätteen mukana, vaan se on toimitettava sähkö- ja elektroniikkalaitteiden kierrätykseen tarkoitettuun keräyspisteeseen.

Symboli tuotteessa, käyttöohjeessa tai pakkauksessa tarkoittaa sitä.



Valmistusaineet ovat kierrätettävissä merkintänsä mukaan. Käytettyjen laitteiden uudelleenkäytöllä, materiaalien hyödyntämisellä tai muulla uudelleenkäytöllä teet arvokkaan teon ympäristömme hyväksi. Tuote palautetaan ilman kiuaskiviä ja verhoukiviä kierrätyskeskukseen.

Tietoa kierrätyspaikoista saat kuntasi palvelupisteestä.

Anvisningar för miljöskydd

Denna produkt får inte kastas med vanliga hushållsopor när den inte längre används. Istället ska den levereras till en återvinningsplats för elektriska och elektroniska apparater.

Symbolen på produkten, handboken eller förpackningen refererar till detta.



De olika materialen kan återvinnas enligt märkningen på dem. Genom att återanvända, nyttja materialen eller på annat sätt återanvända utsliten utrustning, bidrar du till att skydda vår miljö. Produkten returneras till återvinningscentralen utan bastusten och eventuell täljstensmantel.

Vänligen kontakta de kommunala myndigheterna för att ta reda på var du hittar närmaste återvinningsplats.

Instructions for environmental protection

This product must not be disposed with normal household waste at the end of its life cycle. Instead, it should be delivered to a collecting place for the recycling of electrical and electronic devices.

The symbol on the product, the instruction manual or the package refers to this.



The materials can be recycled according to the markings on them. By reusing, utilising the materials or by otherwise reusing old equipment, you make an important contribution for the protection of our environment. Please note that the product is returned to the recycling centre without any sauna rocks and soapstone cover.

Please contact the municipal administration with enquiries concerning the recycling place.

Hinweise zum Umweltschutz

Dieses Produkt darf am Ende seiner Lebens-Dauer nicht über den normalen Haushaltsabfall Entsorgt werden, sondern muss an einem Sammelpunkt für das Recycling von elektrischen und elektronischen Geräten abgegeben werden.

Das Symbol auf dem produkt, der Gebrauchsanleitung oder der Verpackung weist darauf hin.



Die Werkstoffe sind gemäß ihrer Kennzeichnung wiederverwertbar, Mit der Wiederverwendung der stofflichen Verwertung oder anderen Formen der Verwertung von Altgeräten leisten Sie einen wichtigen Beitrag zum Schutze unserer Umwelt. Dieses Produkt soll ohne Steine und Specksteinmantel an dem Sammelpunkt für Recycling zurückgebracht werden.

Bitte erfragen Sie bei der Gemeindeverwaltung die zuständige Entsorgungsstelle.